



Midwest Athletic Conference All-Time Records

All-MAC Teams - BOYS CROSS-COUNTRY 1996

1ST TEAM

NAME	SCHOOL	TIME
Matt Heitkamp	Ft. Recovery	16:24
Phillip Slonkosky	Minster	16:35
Matt Roessner	Ft. Recovery	16:49
Phil Ranly	Ft. Recovery	16:54
Nate Ontrop	Ft. Recovery	17:00
Scott Utrup	St. John's	17:01
Scott Will	Ft. Recovery	17:03
Travis Heitkamp	Ft. Recovery	17:03
Kurt Mohlman	Coldwater	17:05
Dan Smith	St. John's	17:08

MAC BOYS CROSS-COUNTRY RUNNER OF THE YEAR - Matt Heitkamp, Ft. Recovery

MAC TEAM CHAMPIONS - Ft. Recovery Indians

MAC BOYS CROSS-COUNTRY COACH OF THE YEAR - Carl Moeller, Ft. Recovery