



# Midwest Athletic Conference All-Time Records

## All-MAC Teams - BOYS CROSS-COUNTRY 1975

### 1ST TEAM

NAME	SCHOOL	TIME
Mark VonderHaar	Coldwater	10:09
Tim Rutschilling	Coldwater	10:14
John Klenke	Coldwater	10:27
Mike Hileman	Parkway	10:31
Doug Huelsman	Marion Local	10:33
Steve Thobe	Marion Local	10:42
Ed Eichler	Parkway	10:43
Pat Bogle	Parkway	10:47

### HONORABLE MENTION

NAME	SCHOOL	TIME
Bill Ording	St. Henry	10:49
Mark Bornhorst	Minster	10:50
Tom Berger	Minster	10:53
Ted Brady	New Bremen	10:55
Dan Stelzer	Coldwater	10:57
Joe VonderHaar	Coldwater	10:59
Ken Davis	St. Henry	11:00
Alton Hemmelgarn	Marion Local	11:02
Greg Forsthoefel	Coldwater	11:04
Ted Marrass	Coldwater	11:09
Mike Eyink	St. Henry	11:10
Ron Ahrns	Minster	11:11

**MAC BOYS CROSS-COUNTRY RUNNER OF THE YEAR** - Mark VonderHaar, Coldwater

**MAC TEAM CHAMPIONS** - Coldwater Cavaliers

**MAC BOYS CROSS-COUNTRY COACH OF THE YEAR** - Hank Schwieterman, Coldwater